

Vitamin D tests - laboratory reference values

North Middlesex Hospital

Less than 25 nmol/L - deficient in Vitamin D

25 - 75 nmol/L - insufficient

76 - 250 nmol/L - normal

Over 250 nmol/L - possible toxic

Whittington Hospital

Less than 50 nmol/L - insufficient

51 - 250 nmol/L - normal

Above 250 nmol/L - possible toxic